Mold Q&A: Understanding Mold In Your Home

* How does mold enter a home?Molds usually enter a home through spores that pass through open doorways, ventilation, windows, heating and air conditioning systems that have outdoor air intakes. The mold spores also attach themselves to humans, animals, shoes, clothing, bags and other objects that are capable of carrying spores.When spores reach a place of moisture, especially those places where there is excessive moisture, they will attach and grow themselves. This will serve as their breeding ground. Molds usually grow in moisture rich places and those that are quite cold. The most common places where molds grow are in roofs, pipes, walls and plant pipes. * How does mold grow?Molds grow in different ways. Molds have tiny spores and these tiny spores have the capabilities of reproducing themselves through sexual and asexual reproduction. In sexual reproduction of mold, spores need another spore for them to reproduce. In asexual reproduction of mold, a single spore can reproduce by itself without requiring another spore.Mold spores can reproduce themselves anywhere. They can grow and reproduce in soil, roof, and pots and even in air. Molds grow rapidly in places that have excessive moisture and have quite dim lightings. * What kinds of health problems could there be if there is mold in my house?Mold exposure may cause cold-like symptoms like watery eyes, sore throat, wheezing and dizziness. Allergic reaction to mold is common. It triggers asthma attacks. In addition, exposure to mold can irritate the eyes, skin, nose, throat and lungs.Molds produce allergens, irritants and in some cases, potentially toxic substances that are dangerous to the human body. * On what kinds of surfaces can mold grow?Molds never choose the surface where to grow and breed; rather, they survive as long as a surface has excessive moisture. Moisture seeps through concrete walls and floors, wood and plastics and other materials that will cause dampness resulting in molds on walls, floors, carpeting and others.The bathroom is the most susceptible place for mold growth because it is always damp. Soap scum, shower walls, ceramic tile and fiberglass are all possible surfaces for mold growth. Basement and laundry rooms are also common for mold growth. The kitchen is also a possible site for mold.There is no required surface for mold. Any surfaces are susceptible to mold growth if moisture is present.* How can I reduce the humidity in my home?Reducing the humidity at home can be done in many ways. There are simple ways that are effective in reducing the dampness at home which is the main reason of mold growth. The following are three effective simple ways of reducing here humidity at home. Remove standing water. Dry out your home. Remove wet materials.And also insulate your home properly.

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